

# Behavior Intervention Strategies

This workshop explores therapeutic behavior interventions for children and youth in the child welfare system. It is intended for direct care providers—including foster parents, kinship care providers, shelter child care counselors, in-home support staff, and other community partners serving abused children and youth.

### Topics include

- the ingredients in a "therapeutic" relationship
- problems that influence behavior of children/youth who have been abused and neglected
- the "meaning" that challenging behavior has for individual children/youth
- the need for adults to "distance" themselves from behaviors that appear to be directed toward them, in order to remain therapeutic (healing)
- increasing empathy for the pain and struggles of troubled children and youth
- characteristics of various "categories" of behavioral disturbances
- features of "disturbed" behavior and ways to distinguish it from behaviors that are merely "disturbing"
- effective discipline and ways to reduce power and control struggles between children/youth and staff
- skills to teach children/youth self-control

Participants will be able to develop behavior interventions that enable young clients learn to deal effectively with their emotional wounds from abuse and neglect, and to move toward successful adult lives.

### Instructor

*Lorraine Fox, PhD, CCCW*, has over forty years of experience in child and youth care work as a direct services worker, supervisor, clinical director, executive director and assistant professor. A consulting editor for the *Journal of Child and Youth Care*, she has published articles and written training manuals. Lorraine has been an instructor with The Center since 1987 and is the recipient of an Outstanding Service Award for Teaching from UC Davis Extension.

### Date and time

Wednesday, June 18, 2008  
9:00 a.m. – 4:00 p.m.

### Location

Auburn Justice Center  
PCSO Community Conference Room  
2929 Richardson Drive, Auburn

### For more information

or to enroll contact Mary Ann Medeiros  
at (530) 886-2865.

### BBS and BRN Credit

This workshop is approved through UC Davis Extension for 6 hours of continuing education credit by the Board of Behavioral Sciences (provider number PCE 577) and Board of Registered Nursing (provider number BRN 0046).